

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Center Plate**
Lunch Entrée
- Beef Pepperoni & Cheese Calzone
- Vegetables
- Garden Patch
 - Marinara Sauce
 - Herb Roasted Broccoli
- Deli Delights**
Lunch Entrée
- Entrée Grilled Chicken Cobb Salad w/ Croutons
- Grain
- Roll, 1 oz
- Vegetables
- Garden Patch
 - Herb Roasted Broccoli
- Assorted Fruit Options
Assorted Milk Options

2

- Center Plate**
Lunch Entrée
- Chicken Tenders
- Grain
- Homemade Mac & Cheese
- Vegetables
- Garden Patch
 - Southern Green Beans
- Deli Delights**
Lunch Entrée
- Turkey & Cheese Sub
- Vegetables
- Garden Patch
 - Southern Green Beans
- Assorted Fruit Options
Assorted Milk Options

3

- Center Plate**
Lunch Entrée
- Fresh Baked Cheese Pizza
 - Fresh Baked Pepperoni (Pork-Free) Pizza
- Vegetables
- Garden Patch
 - Honey Glazed Carrots
- Deli Delights**
Lunch Entrée
- Entrée Grilled Chicken Cobb Salad w/ Croutons
- Grain
- Roll, 1 oz
- Vegetables
- Garden Patch
 - Honey Glazed Carrots
- Assorted Fruit Options
Assorted Milk Options

6

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Vegetarian Pasta Alfredo
 - Chicken Fried Steak Sandwich
 - Fresh Turkey & Cheese Sub
- Vegetables
- Peppered Broccoli Florets
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh-Cut Cucumber Slices
- Fruit
- Fresh Apple
 - 100% Apple Cherry Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

7

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Fresh-Made Cheesy Chicken Tacos on Flour Tortillas
 - Juicy Hamburger
 - Entree Grilled Chicken Garden Salad w/ Croutons & Roll
- Vegetables
- Mexican Pinto Beans
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
 - Fresh Salsa
- Fruit
- Sweet Diced Peaches
 - 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

8

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Beefy Macaroni Marinara w/ Roll
 - Crispy Chicken Patty Sandwich
 - Fresh Turkey & Cheese Sub
- Vegetables
- Steamed Corn
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
- Fruit
- Fresh Banana
 - 100% Apple Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

9

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Popcorn Chicken
 - Brunch 4 Lunch- Pancakes & Sausage
 - Entree Grilled Chicken Garden Salad w/ Croutons & Roll
- Vegetables
- Crispy Tater Tots
 - Fresh Baby Carrots
- Fruit
- Fruit Cocktail
 - 100% Orange-Pineapple Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

10

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Delicious Cheese Pizza
 - Turkey Sausage Pizza
 - Fresh Turkey & Cheese Sub
- Vegetables
- Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh Cucumber with Zesty Lemon & Chili
- Fruit
- Fresh Orange
 - 100% Grape Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

13

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Spaghetti Marinara w/Meatballs
 - Chicken Nuggets w/Roll
 - Buffalo Chicken Wrap
- Vegetables
- Spiced Green Beans
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
- Fruit
- Fresh Apple
 - 100% Grape Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

14

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Cheesy Nachos
 - Crispy Chicken Patty Sandwich
 - Pepperoni Pizza Power Pack
- Vegetables
- Seasoned Mexican Black Beans
 - Fresh Baby Carrots
 - Fresh Salsa
- Fruit
- Unsweetened Applesauce
 - 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

15

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Sweet & Sour Popcorn Chicken w/ Brown Rice
 - Homemade Bean & Cheese Burrito
 - Buffalo Chicken Wrap
- Vegetables
- Steamed Crinkle Carrots
 - Fresh Kale & Spinach Salad Mix
 - Fresh Baby Carrots
- Fruit
- Fresh Banana
 - 100% Apple Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

16

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Cheesy Chicken Quesadilla
 - Grilled Cheeseburger
 - Pepperoni Pizza Power Pack
- Vegetables
- Fresh Broccoli Florets
 - Fresh Baby Carrots
- Fruit
- Cinnamon Spiced Apples
 - 100% Orange-Pineapple Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

17

- Assorted Fruit Options
Assorted Milk Options
Lunch Entrée
- Delicious Cheese Pizza
 - Classic Pepperoni Pizza
 - Buffalo Chicken Wrap
- Vegetables
- Zingy Crinkle Fries
 - Fresh Kale & Spinach Salad Mix
- Fruit
- Fresh Orange
 - 100% Apple Cherry Juice
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

20

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Two Cheese Grilled Cheese Sandwich
 - Breaded Chicken Tenders
- Vegetables
 - Spiced Green Beans
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
- Fruit
 - Fresh Apple
 - 100% Orange-Pineapple Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

21

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Ground Beef Soft Flour Tacos
 - Juicy Hamburger
 - Buffalo Chicken Bites Salad w/ Croutons
- Grain
 - Cilantro Lime Rice
- Vegetables
 - Cheesy Mexican Mix Refried Beans
 - Fresh Salsa
 - Fresh Baby Carrots
 - Fresh-Cut Cucumber Slices
- Fruit
 - Diced Pears
 - 100% Fruit Punch Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

22

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Creamy Garlic Chicken over Penne
 - Crispy Chicken Patty Sandwich
 - Italian Sub
- Vegetables
 - Seasoned Peas & Carrots
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Broccoli Florets
- Fruit
 - Fresh Banana
 - 100% Apple Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

23

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Country Fried Steak w/Roll
 - Creamy Macaroni & Cheese
 - Buffalo Chicken Bites Salad w/ Croutons
- Vegetables
 - Vegetarian Mashed Potatoes
 - Fresh Baby Carrots
 - Fresh-Cut Cucumber Slices
 - Garbanzo Bean & Tomato Salad
- Fruit
 - Juicy Mandarin Oranges
 - 100% Grape Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

24

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Delicious Cheese Pizza
 - Turkey Ham Hawaiian Pizza
 - Italian Sub
- Vegetables
 - Peppered Broccoli Florets
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
 - Fresh Cauliflower
- Fruit
 - Fresh Orange
 - 100% Apple Cherry Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

27

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Cheesy Broccoli Baked Potato w/ Roll
 - Country Fried Steak Strips
 - Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish
- Vegetables
 - Italian Veggie Blend
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
- Fruit
 - Fresh Apple
 - 100% Orange-Pineapple Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

28

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Cheesy Chicken Nachos
 - Grilled Cheeseburger
 - Grilled Chicken Caesar Wrap
- Grain
 - Cilantro Lime Rice
- Vegetables
 - Charro Beans without Jalapeños
 - Fresh Baby Carrots
- Fruit
 - Unsweetened Applesauce
 - 100% Grape Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

29

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Orange Chicken
 - Cheese Quesadilla
 - Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish
- Grain
 - Seasoned Brown Rice
- Vegetables
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
- Fruit
 - Fresh Banana
 - 100% Apple Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

30

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Cheesy Meatball Sub
 - Cheese Stuffed Sticks
 - Grilled Chicken Caesar Wrap
- Vegetables
 - Spiced Green Beans
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
 - Homemade Marinara Sauce
- Fruit
 - Cinnamon Spiced Apples
 - 100% Fruit Punch Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

31

- Assorted Fruit Options
- Assorted Milk Options
- Lunch Entrée
 - Delicious Cheese Pizza
 - Classic Pepperoni Pizza
 - Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish
- Vegetables
 - Zingy Crinkle Fries
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Green Bell Pepper
- Fruit
 - Fresh Orange
 - 100% Apple Cherry Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

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