

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Center Plate
Grain
• Pancakes
Meat/Meat Alternate
• Turkey Sausage Links
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

4

Center Plate
Breakfast Entrée
• Strawberry Fruit & Yogurt Parfait w/ Granola
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

5

Center Plate
Breakfast Entrée
• Egg and Cheese Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

6

Center Plate
Grain
• Fresh Baked Cinnamon Roll w/ Icing
Meat/Meat Alternate
• Turkey Sausage Links
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

7

Center Plate
Breakfast Entrée
• Cheesy Grits
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

8

Center Plate
Entrée
• Crispy Chicken Bites
Grain
• Mini Waffles
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

11

Center Plate
Breakfast Entrée
• Toasted Bagel
Misc
• Cream Cheese Cup
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

12

Center Plate
Breakfast Entrée
• Turkey Sausage Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

13

Center Plate
Breakfast Entrée
• Cinnamon Monkey Bread
Meat/Meat Alternate
• Hard Boiled Egg
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

14

Center Plate
Breakfast Entrée
• Turkey Sausage Breakfast Pizza
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

15

Center Plate
Grain
• French Toast Sticks
Meat/Meat Alternate
• Scrambled Eggs
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

18

Center Plate
Breakfast Entrée
• Pancake Wrapped Turkey Sausage
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

19

Center Plate
Breakfast Entrée
• Chicken Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

20

Center Plate
Grain
• Assorted Muffins
Meat/Meat Alternate
• Hard Boiled Egg
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

21

Center Plate
Breakfast Entrée
• Breakfast Egg & Cheese Quesadilla
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

22

Center Plate
Grain
• Pancakes
Meat/Meat Alternate
• Turkey Sausage Links
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

25

Center Plate

Breakfast Entrée

- Strawberry Fruit & Yogurt Parfait w/ Granola

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

26

Center Plate

Breakfast Entrée

- Egg and Cheese Biscuit

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

27

Center Plate

Grain

- Fresh Baked Cinnamon Roll w/ Icing

Meat/Meat Alternate

- Turkey Sausage Links

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

28

Center Plate

Breakfast Entrée

- Cheesy Grits

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

29

Center Plate

Entrée

- Crispy Chicken Bites

Grain

- Mini Waffles

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

Nutrition & Allergen Information (NSLP): Nutrition and Allergen information is based on data obtained from manufacturers and may vary due to product substitutions, recipe variations and even customer choice and personal consumption. , If you or any individual on whose behalf you are using this tool have a medical condition please check the manufacturer label before consuming any food at your dining location. , This information and the menus can change regularly and foods are substituted periodically without notice. To obtain the most updated information contact your café manager. , In our reimbursable meal programs, a variety of milk choice is offered. , In our offer versus serve programs, each reimbursable breakfast must include at least 3 items, one of which must be at least a half-cup fruit selection. , In our offer versus serve programs, each reimbursable lunch must include at least 3 components, one of which must be at least a half-cup fruit or vegetable selection.

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